NAIL PSORIASIS IN AN ADULT SUCCESSFULLY TREATED WITH A SERIES OF HERBAL SKIN CARE PRODUCTS FAMILY – A CASE REPORT

M. TIRANT1, J. HERCOGOVÁ2,3, M. FIORANELLI4, S. GIANFALDONI5, A.A. CHOKOEVA6,7, G. TCHERNEV8, U. WOLLINA9, F. NOVOTNY10, M.G. ROCCIA11, G.K. MAXIMOVIĆ12, K. FRANÇA13,14 and T. LOTTI15

1Psoriasis & Skin Clinic, Melbourne, Australia; 2nd Medical Faculty, Charles University, Bulovka Hospital; 3Institute of Clinical and Experimental Medicine, Prague, Czech Republic; 4Department of Nuclear Physics, Sub-nuclear and Radiation, G. Marconi University, Rome, Italy; 5Dermatological Department University of Pisa, Pisa, Italy; 6"Onkoderma" - Policlinic for dermatology and dermatologic surgery, Sofia, Bulgaria; 7Department of Dermatology and Venereology, Medical University of Plovdiv, Medical faculty, Plovdiv, Bulgaria; 8Medical Institute of Ministry of Interior (MVR), Department of Dermatology, Venereology and Dermatologic Surgery, Sofia, Bulgaria; 9Department of Dermatology and Allergology, Academic Teaching Hospital Dresden-Friedrichstadt, Dresden, Germany; 10PRO SANUM Ltd., Sanatorium of Prof. Novotný, Stěpánská Prague I, Czech Republic; 11University B.I.S. Group of Institutions, Punjab Technical University, Punjab, India; 12Department "Medical Information and Non-interventional studies", Bulgarian Drug Agency, Sofia, Bulgaria; 13Department of Dermatology & Cutaneous Surgery, Department of Psychiatry & Behavioral Sciences, Institute for Bioethics & Health Policy, University of Miami, Miller School of Medicine, Miami, FL, USA; 14Centro Studi per la Ricerca Multidisciplinare e Rigenerativa- Università Degli Studi “G. Marconi”, Rome, Italy; 15Chair of Dermatology, University of Rome "G. Marconi" Rome, Italy

Psoriasis is a common chronic inflammatory dermatosis that causes significant distress and morbidity. Approximately 50% of patients with cutaneous psoriasis and 90% of patients with psoriatic arthritis demonstrate nail involvement of their psoriasis. Left untreated, nail psoriasis may progress to debilitating nail disease that leads to not only impairment of function but also on quality of life. We report the case of a 50-year-old male patient with recalcitrant nail dystrophies on the fingers since the age of 40, who responded successfully to Dr. Michaels® product family. The patient had a 35-year history of plaque psoriasis localised on the scalp, ears, groin, limbs, and trunk and with psoriatic arthritis. The nail symptoms consisted of onycholysis, onychomycosis, leukonychia, transverse grooves, nail plate crumbling and paronychia of the periungual skin. This case represents the efficacy and safety of the Dr. Michaels® (Soratinex® and Nailinex®) product family with successful resolution of nail dystrophies and surrounding paronychia with no reported adverse events.